



# Gum The Expert Guide To Contouring

# Welcome to Atlanta Smiles!

At Atlanta Smiles, we believe every patient deserves a healthy and beautiful smile. We focus on general and cosmetic dentistry as well as overall health and wellness.

Our experienced and highly-trained general and cosmetic Master Dentist, Dr. Dina J. Giesler leads the Atlanta Smiles dental team. Patients throughout the Atlanta area choose Atlanta Smiles for our expertise, excellent results, and compassionate care.

Our dental team views comprehensive dentistry as a life-long commitment to your health, appearance, and self-image. Our care continuum includes a focus on cosmetic dentistry backed by our expertise in dental health and treatment. We are passionate about enhancing your beautiful smile.

We offer a range of services supported by our team of highly skilled professionals. We work with each patient to develop the best treatment plan to restore your smile and achieve your cosmetic and health goals.

Every aspect of our dental practice delivers the highest quality of professional care and state-of-the-art dentistry, emphasizing your well-being and personal needs. We are happy you are here and grateful to walk beside you on the journey to health, beauty, and confidence.



# Gum Contouring to Create a Beautiful Smile



Gain confidence in your smile with a gum contouring procedure to reshape the gum line for improved symmetry and balance. Gum contouring reduces the appearance of a gummy smile, which refers to an imbalance in the gum-to-teeth ratio.

Ideally, healthy gums support the teeth while maintaining a pink, balanced, and scalloped appearance. Yet, some people experience excess gum tissue that minimizes the size of the teeth and creates a disproportionate smile.

Atlanta Smiles offers gum contouring using minimally-invasive laser treatment. Invest in this effective and easy solution to enhance your smile.

# What is Gum Contouring?

Gum contouring, also known as gum raising, removes excess gum tissue using laser technology to reshape the gum line. Gum contouring is a cosmetic dental procedure designed to improve the appearance of teeth.

In some cases, dentists recommend gum contouring to address periodontal disease. Also, removing excess gum tissue may improve oral health for some patients.

Gum contouring is safe and effective for most patients with healthy teeth and gums. Gum reshaping permanently transforms the gum tissue to give patients long-term results. Our professional cosmetic dentists have the skill and experience to sculpt an even gum line for an improved and natural-looking smile.



# How Gum Contouring Corrects a Gummy Smile

The goal with gum contouring is to correct the gum line by removing excess tissue. Your Atlanta Smiles dentist works with you before the procedure to discuss your cosmetic goals. Then, we determine the amount of tissue to remove to give you the results you desire while maintaining the health of the teeth and gums.

Then, we carry out the procedure following the treatment plan. We use laser technology to shape the gum tissue. The procedure gives our patients a safe, effective, and virtually pain-free solution to correct a gummy smile.





# What Causes a Gummy Smile?

## Genetics

Genetics most commonly contribute to a gummy smile. Some people are born with more gum tissue. Gum contouring helps patients achieve a customized smile. Redesign your smile by reducing unwanted gum tissue.

## Tooth Misalignment

Misalignment of the jaws can cause patients to experience jaw pain, crooked teeth, and a gummy smile. Orthodontic treatment offers an effective option to correct the alignment issues and reduce the excess gum tissue.



# What are the Different Types of Gum Contouring?



Laser treatment delivers the best results and patient experience for gum contouring. Compared to a more invasive scalpel procedure, laser treatment produces a reduced recovery time and less pain.

Scalpel treatment is an outdated procedure only used in very rare cases. Today's top dentists use laser technology as the best method for gum contouring. At Atlanta Smiles, we recommend laser treatment.

## **Laser Treatment**

Concentrated laser light energy accurately shapes the gum line by removing gum tissue. Laser therapy offers precision which protects the surrounding tissue and produces better results. In addition, laser treatment cauterizes the wound leading to minor bleeding and a reduced need for sutures. With laser treatment, patients experience a shorter recovery time.

# Why is Laser Treatment for Gum Contouring the Best Option?

- ❖ Increased accuracy
- ❖ Less bleeding
- ❖ Decreased need for sutures
- ❖ Virtually pain-free
- ❖ Reduced risk of post-procedure infection
- ❖ Quick and easy recovery

Laser treatment revolutionized gum contouring. In the past, the decision to undergo the procedure included a longer recovery and painful process. Today, patients enjoy the cosmetic benefits of gum contouring with reduced pain, healing, and risks.

Laser gum contouring uses advanced dental technology to improve outcomes for patients. If you are unhappy with your smile due to a gummy appearance, laser treatment offers an intelligent solution.





# Benefits of Gum Contouring

With the improvements of laser technology, more patients can enjoy the benefits of gum contouring. Atlanta Smiles offers gum contouring to improve both aesthetics and oral health.

- ❖ Gain confidence in your smile
- ❖ Improve the symmetry of your smile
- ❖ Remove excess tissue to improve the proportion of the teeth and gums
- ❖ Decrease the risk of gum disease
- ❖ Customized treatment plan

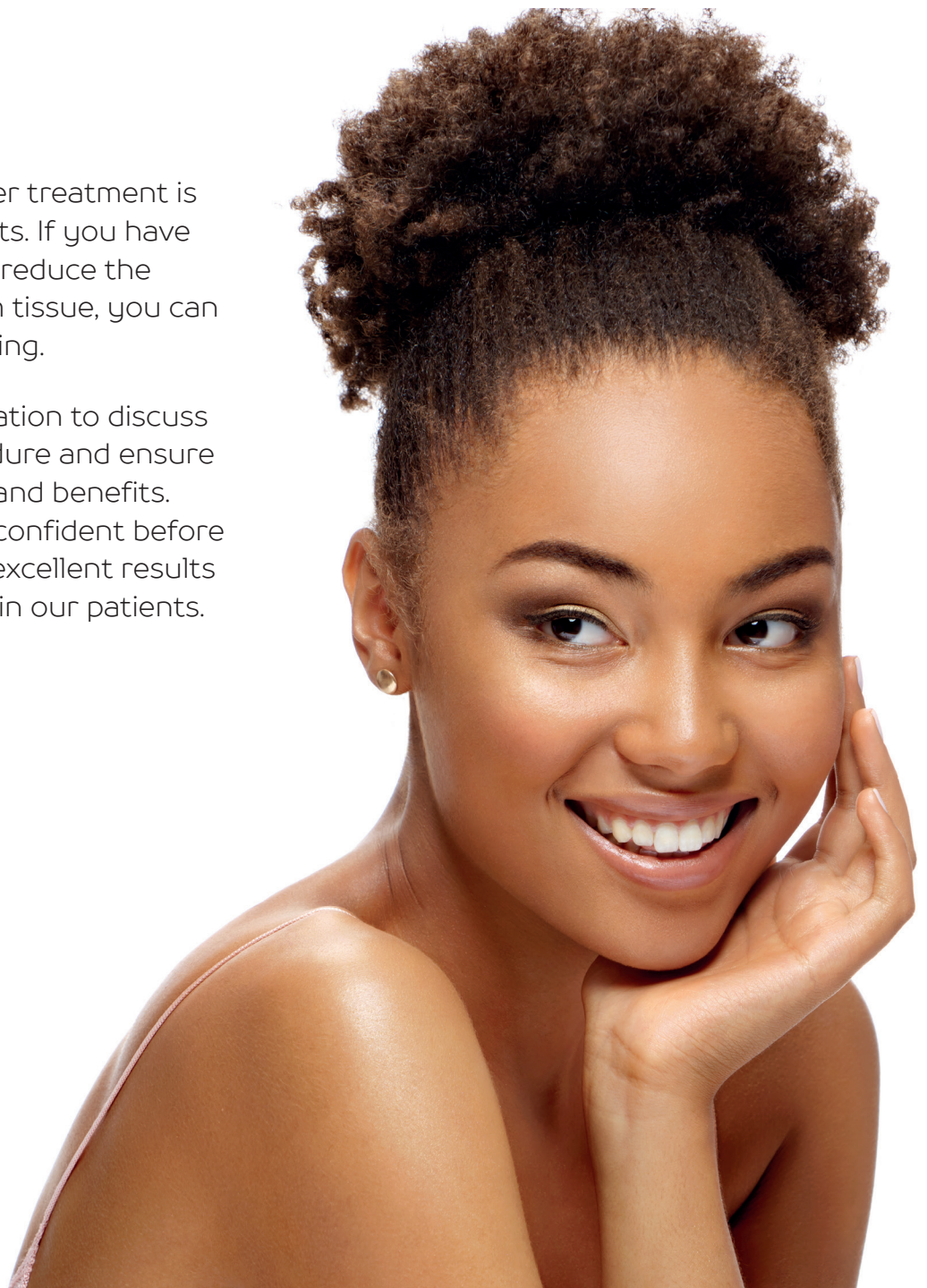
Invest in this proven technique to achieve the smile of your dreams!



# Who Is a Good Candidate for Gum Contouring?

Gum contouring using laser treatment is accessible for most patients. If you have healthy teeth and wish to reduce the appearance of excess gum tissue, you can benefit from gum contouring.

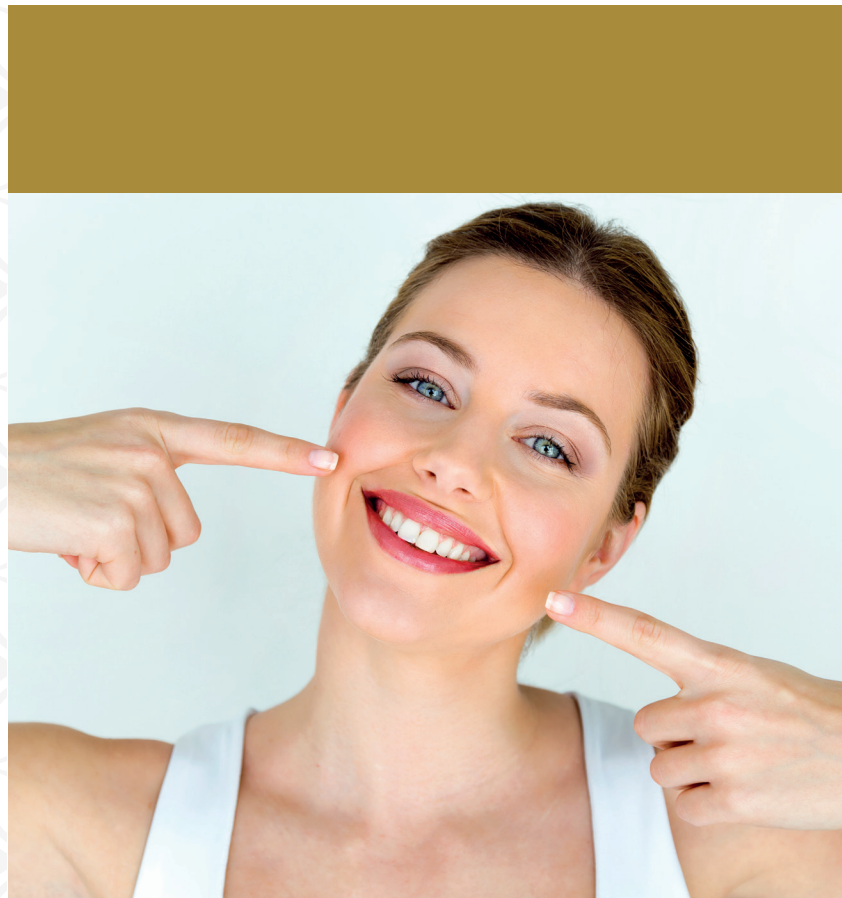
We offer an initial consultation to discuss the specifics of the procedure and ensure you understand the risks and benefits. Plus, we want you to feel confident before you proceed. We've seen excellent results and increased confidence in our patients.



# What is the Cost of Gum Contouring?

For the average patient, the cost for gum contouring starts at around \$800. However, the price can vary widely depending on the extent of the procedure. For example, addressing excess tissue on one tooth costs less than gum contouring for multiple teeth.

We provide a cost estimate based on your customized treatment plan after consultation. Typically, gum contouring is a cosmetic dental procedure and not medically necessary. Usually, dental insurance does not cover the costs of gum contouring.



# What are the Steps in a Gum Contouring Procedure?



## Step 1: Initial Consultation

You meet with the dentist to ask questions and discuss the details of the procedure. Then, the dentist examines your mouth to ensure you are a good candidate and determine the best gum contour approach.

## Step 2: Develop Treatment Plan and Cost Estimate

Based on the specifics covered in the initial consultation, we create the customized treatment plan. We also communicate the cost estimate. We want each patient to understand the details of the procedure so you can make an informed decision.



## Step 3: Gum Contouring Procedure Appointment

We use local anesthesia to numb the area. For laser treatment, the dentist precisely removes and shapes the gum tissue based on your treatment plan. The laser cleans and seals the wound for a quicker procedure and recovery time. You should not need a follow-up appointment.



# What is the Recovery Like after Gum Contouring?

The recovery from laser gum contouring is minimal. Some patients experience minor inflammation and sensitivity of the treated area. The symptoms should subside in a few days. We recommend over-the-counter ibuprofen to treat any pain or inflammation.



# Is Gum Contouring Right for You?

Gum contouring offers an excellent solution to reshape the gum line and enhance the appearance of your smile. Most healthy adult patients can undergo gum contouring with minimal risks and outstanding results.



We've seen great results with laser gum contouring. So if you have excess gum tissue or feel insecure about your smile, ask us about gum contouring with laser treatment.



# Trust Atlanta Smiles for Safe and Effective Gum Contouring

We're committed to excellent cosmetic dentistry while maintaining oral health. We prioritize overall wellbeing. We believe everyone deserves a beautiful and healthy smile, and we've dedicated our careers to fulfilling that mission.

The Atlanta Smiles team includes dental professionals dedicated to continued education and invested in the most effective technology solutions, like laser treatment. So when you choose Atlanta Smiles, you can count on outstanding results focusing on beauty and health.

Achieve the smile of your dreams  
with gum contouring from Atlanta Smiles.



Contact us to discuss gum contouring options or to schedule a consultation.



