

THE TOOTH FAIRY IS COMING TO SEE YOU SOON!

Concerning your extraction(s) today...

Proper home-care following an extraction will hasten recovery time. Please follow these instructions to assist recovery from your extraction(s).

Immediately:

- Bite on gauze pack as instructed for twenty (20) minutes to stop any oozing
- Rest, drink fluids and eat soft foods...such as ice cream!
- Take medication as instructed by doctor
- **DO NOT SPIT, DRINK WITH A STRAW, OR RINSE VIGOROUSLY FOR 24 HOURS** (this will disturb the clotting necessary for healing)
- **DO NOT** brush the extraction area

The Next Day:

- Gently rinse your mouth with warm salt water (1/2-teaspoon of salt per 8oz glass of warm water)
- Resume brushing your teeth except over the extraction area

VARYING DEGREES OF DISCOMFORT, OOZING, STIFFNESS OF THE JAW ARE NORMAL FOLLOWING EXTRACTIONS.

Pain

- Take aspirin, Advil or Tylenol every three (3) hours as necessary. If medication is prescribed, follow the directions on the bottle

Swelling

- Ice packs will help minimize swelling if used immediately after extraction for up to six hours, (30) minutes on and (30) minutes off

Bleeding

- Minor oozing may be expected for 24 hours

Your welfare is of concern to us during and after your extraction. In the event you believe you are experiencing unusual pain, swelling, bleeding, stiffness or fever, please call our office immediately